

Shape of the Essay Worksheet

Part & Questions	Summarize story in 1 phrase or sentence first.
<p>1. Hook and Establish:</p> <p>Who is involved? Where and when does the event/experience take place?</p> <p>What are some key images, feelings, sensory details, etc. that strongly remind you of this event?</p>	
<p>2. Details and Difficulty:</p> <p>How did you become involved in the event/experience?</p> <p>What was difficult AS WELL AS what was rewarding about the experience?</p> <p>How did the event or experience turn out for you?</p> <p>What did it feel like?</p>	
<p>3. Reveal Lesson:</p> <p>What lessons did you learn about the event?</p> <p>...About yourself?</p> <p>...That you can apply to the "real world"/rest of life?</p>	

<p>4. Prove Your Growth:</p> <p>What were/are changes in your actions, attitude, &/or decisions?</p> <p>What were/are concrete ways that you applied what you learned?</p> <p>What's a a different approach you would have taken if you could do it all over again?</p>	
<p>5. Connect to Your Future:</p> <p>Explain how the experience has influenced your consideration of future majors or careers.</p> <p>Contrast the person you were before with the person you'd like to be.</p>	