Pandemic Fatigue?? Wondering What to do With Your Kids This Winter? Missing your Friends and Family? Winter Blahs?

Pelham Together has some suggestions.

Games & Crafts

Knitting

Paint, Draw, or Learn Pottery (Pelham Art Center has adult and kids classes!)

Online Comic Drawing

Puzzles - and Trade with Friends!

Family Games: Telestrations or Catan

Learn a New Board Game and Keep a Running Tally of Family Scores (Just One,

Blank Slate, etc)

Charades/Crossword Puzzles/Card games/Dominos

Roll Out a Big Sheet of Paper and Create a Family/Solo Mural

Write A Mystery Story and Read Aloud

Make Funny Home Video on Your Smart Phone and Share with Friends & Family

Cut Out Winter Decorations (Snowflakes, Paper Chains, Window Decorations)

Build A Pillow Fort, Put on a Play or Play Hide and Seek

Dress Up Your Pet in a Silly Costume and Take Pictures to Mail to Grandparents

Have a Family "Backwards Day," wear clothes backwards, breakfast for dinner, etc.

Make <u>Homemade Playdough</u> or <u>Ooblek/Slime</u>

Start a Bullet Journal

Bob Ross Painting Videos on YouTube or Try Paint by Numbers

Learn to Bead Jewelry, Hook Rugs, Crochet, or Embroider

Play Cards Against Humanity or Other Board Game without Your Kids

Turn on Music During Meal Prep and Dance

The Great Outdoors

Ice skating

Layer Up and Play Street Hockey, Basketball, Soccer or Frisbee

Drive-In Movies

Corn Hole or Outdoor Ping Pong

Music Around the Fire

Tent in Backvard

Sledding (Mt. Tom Road)

Warmer Coats/Blankets/Hand Warmers to Stay Outside Longer

Netflix Parties on a Screen Outside

Roast Marshmallows over your Fire Pit

Drive Around Town to See Holiday Lights

Endurance Contests: Hopping on One Foot, Push Ups, Sit Ups, Jumping Jacks,

Forward Rolls

Set an Exercise/Healthy Eating/Book Reading Goal with A Friend and Keep Each

Other Honest

Teach & Learn

Teach Cooking to Your Kids and/or Online to Others

Read the Classics in Alphabetical Order by Author

Learn to Meditate, Do Yoga, Tai Chi etc.

Make Your Own Sourdough Starter and then Share with Friends

Try a new recipe

Learn a musical instrument

Take an Online Cooking Class (Dynamite has virtual classes through the winter.)

Learn a New Language

Be Productive!

Make Indoor Planters in Pots (Herbs, Flowers, Veggies, Avocado Pits, Celery Bottoms, etc.)

Roll Coins then Vote on How to Donate/Spend the Money

Pick a Day, Blast Music and Deep Clean Your Room/House

Write Letters to Local Officials About a Cause that Matters to You

Clean Garage/Basement and Reward Yourself with TikTok Binge or Long Candlelit Bath

Take a Risk and Start a Business Selling Something You Make on Etsy or Craig's List Collect Unused Household Items and Call <u>Green Drop</u> to Pick Up

Community Service & Random Acts of Kindness

Make Sandwiches for a Soup Kitchen

Donate Coats and Other Winter Gear

Knit or Make No-Sew Baby Blankets to Donate (NY Milk Bank; Project Linus)

Make Paracord Bracelets for the U.S Military (Operation Gratitude)

Offer to Rake Leaves, Shovel Snow From Your Neighbor's Lawn

Pick Up Trash in Your Neighborhood

Start a Canned Food Drive

FaceTime a Senior Citizen and Provide Computer Assistance

Bake something for a friend or neighbor

Check Volunteer New York! For More Ideas

Reach Out & Connect

Write and Send Post Cards to Family Members in Other Places

Bake and Drop Off Treat for a Local Senior Citizen

Call a Friend and Ask How They are Doing

Start a Book Lending Exchange

Set Up a FaceTime/Zoom with Older Relatives and Friends

Start an Online Book Group

FaceTime a Friend and Watch a Movie Together (Virtual Movie Party)

Treat a Friend to an Outdoor Socially Distanced Coffee/Tea/Other Hot Drink

FaceTime Karaoke with Friends

Start a Snail Mail Relationship with a Pen Pal or Existing Friend and Only Communicate via Mail Netflix Parties with Friends or Family