



## **SUMMERFEST '23 WAS A GREAT SUCCESS!**

There was so much enthusiasm, good food, and great music that you couldn't help but have fun at our 4th annual SummerFest, held in Chester Park. Approximately 600 people came to celebrate, show off their dogs, enjoy the teen bands, play spikeball or volleyball, try their hand at our obstacle course, or participate in any of the other super fun activities! Click [here](#) or on the picture above to get to our gallery of photos!

Thank you to all who supported SummerFest—from sponsors, to teens, to volunteers, to attendees—your participation helped us raise critical funds for youth and family programming right here in Pelham.



## **PT COUNSELING IS UP AND RUNNING!**

Our newest program, PT Counseling, offers short-term youth therapy to young people aged 7-21 years old and is provided on a sliding scale from low-to-no cost. Our Program Manager, [Kim Trapasso, LCSW](#), is conducting therapy herself, as well as supervising interns from surrounding MSW graduate programs. We have some availability for the summer, and two new interns beginning in the fall. Please click [here](#) for more information and to schedule a consultation.



## **THE PT SUMMER INTERNSHIP GOT AN EARLY START**

Our Summer Internship Program has grown exponentially over the last five years, and this year is no exception! The objective is to give teens opportunities to work, build skills, and connect with adults from a variety of professions. After a 3-day leadership training, interns are placed in local, or locally-connected, businesses, non-profit and civic organizations, and paid for 30 hours of work. This year, we kicked off the program with a welcome event held at TD Bank to congratulate our new class of interns, and start everyone off with some activities to encourage adult-to-youth interaction. Thank you, TD Bank, for your ongoing partnership to make these activities available to Pelham youth!

See photos of the event [here](#).

If your teen is still looking for a job for this summer, click the link below to see our online Youth Work Job Board.

Youth Work Job Board



## SAFE PROM & SAFE SUMMER

Prom is an exceptionally exciting time for many high school students, and can also be fraught with stress and the opportunity to make bad choices. We encourage parents to have discussions around expectations before the prom photos are underway! [This article](#) provides some rational, good sense suggestions for these discussions.

Likewise, Summer—with the massive schedule change and much awaited unstructured time—can be a time of experimentation for many teenagers. The flyer above is one we received from our friends at RyeACT and may be helpful as you prepare for this season with your teens.

You'll find a closer look [here](#).

Have fun! Be safe!



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Our mailing address is:  
Pelham Together  
901 Pelhamdale Avenue  
Pelham, NY 10803

FB: @pelhamtogether  
Insta: pelhamtogetherfamilies  
Ph: (914) 738-0482

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